

# SUFFOLK SPEAK OUT CHALLENGE 2024-25



**“I know this will help me become a lot more confident in school and careers in the future. This has been an amazing opportunity, so for those coming up next year, I would encourage them to say yes and make the best of this opportunity “**

**Evlyn**

**Winner of Suffolk Speak Out Challenge 2024**

## **FREE PUBLIC SPEAKING WORKSHOPS FOR YEAR 10s**

The Speak Out Challenge develops young people’s communication skills, builds their confidence and empowers them to speak out and be heard.

Workshops support Speaking and Listening GCSE outcomes and boost pupils’ future employability skills.

**Do you have a future Speak Out Challenge  
Champion amongst your Year 10s?**

Check out last year’s winning speech “Music makes life better” by Evlyn Bosworth to see what your students could achieve.

## HOW IT WORKS

### The Workshops

- Schools are entitled to one FREE workshop for 25-30 students from Year 10.
- Speakers Trust provide expert public speaking trainers to deliver the workshops over one full school day.
- Workbooks and certificates are included.

### The Competition

- Booking a workshop guarantees the school entry into the Suffolk Speak Out Challenge Final.
- After the workshop, schools hold an Assembly Final, where students compete to be chosen to represent their school at the live Final event.
- The Final is a prestigious event giving students the opportunity to share their opinions and be heard by a wider audience, including a panel of VIP judges.
- By the end of the night, one student will be crowned Suffolk Speak Out Challenge Champion.

### For more information

- Contact Speakers Trust on [hello@speakerstrust.org](mailto:hello@speakerstrust.org) or 020 8146 6146.



**78%**

of the least confident have increased in confidence

**93%**

of students have learnt skills they can apply in the next stage of their education, training and employment

**97%**

have learned more about classmates' viewpoints, faiths, feelings and values